



TAILORED OPERATIONAL TRAINING MEAL (TOTM) | DoD CFD

PURPOSE:

The purpose of this ration is to provide an alternative operational training meal in lieu of "sack lunches" and catered commercial meals to military organizations that engage in inactive duty training. It may be used in any situation where traditional operational ration meals are not mandated. The TOTM became available in May 2001. This effort was executed to promote doctrine requirements and a "train as you fight" philosophy, while meeting the customer budgetary needs.



CHARACTERISTICS:

As a training tool, this meal aids units in gaining familiarity with the preparation, usage, consumption, and disposal of a pre-packed meal similar to the MRE™. This meal is similar to the standard MRE™ in packaging and contains many of the same MRE™ components. However, it employs commercial packaging to reduce costs. The TOTM is not an MRE™, nor is it designed to take the place of the MRE™. The TOTM is a totally self-contained packet consisting of a meal packed in a lightweight flexible meal bag that fits easily into military field clothing pockets. Three sets of menus are available, as described on the following page. Each set is comprised of 12 different menus. Each case contains 12 meals, one of each menu. The TOTM is easily adaptable for disaster relief efforts.

- **Weight:** 20 lbs. (9 kg)/case
- **Cube:** .95 cubic feet (.03 cubic meters)/case

NUTRITIONAL DATA:

Each TOTM meal bag provides an average of 997 calories.

PREPARATION REQUIREMENTS:

The entire meal is ready to eat, except for the beverages, which need to be rehydrated. Although the entrée may be eaten cold if operationally necessary, a FRH is provided with each meal.

COMMENTS:

The TOTM is intended only for situations where use of the MRE™ is not mandatory.

POINT OF CONTACT:

Combat Feeding

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TOTM Components & Accessories





SAMPLE MENUS:

AMERIQUAL:

MENU 1

Penne pasta, MRE™ fruit*, Fig bar (pkgd), Potato sticks, Chocolate covered disks – p'nut butter, Cappuccino (French vanilla), FRH, Dining kit**

MENU 2

Cheese tortellini, MRE™ fruit*, Crackers, Peanut butter, Chocolate covered disks, Tea (instant), FRH, Dining kit**

MENU 3

Spaghetti, MRE™ fruit*, Crackers, Peanut butter, Chocolate covered disks, Tea (instant), FRH, Dining kit**

MENU 4

Cajun rice w/beans & sausage, MRE™ fruit*, Fig bar (pkgd), Potato sticks, Tootsie Roll®, Chocolate covered disks – p'nut butter, Tea (instant), FRH, Dining kit**

MENU 5

Chicken w/noodles, MRE™ fruit*, Fig bar (pkgd), Pretzels, Tootsie Roll®, Chocolate covered disks, Cappuccino (French vanilla), FRH, Dining kit**

SOPACKO:

MENU 1

Vegetable manicotti, Fruit*, Cracker, Peanuts (salted), Chocolate covered disks, Beverage base, FRH, Dining kit**

MENU 2

Cheese tortellini, Rice (yellow & wild), Cookie (various), Chocolate covered disks, Beverage base, FRH, Dining kit**

MENU 3

Shrimp jambalaya, Rice (yellow & wild), Cracker, Fruit flavored disks, Beverage base, FRH, Dining kit**

MENU 4

Chili macaroni, Mashed potatoes, Cracker, Chocolate covered disks, Ground red pepper, Beverage base, FRH, Dining kit**

MENU 5

Chicken cavatelli, Mashed potatoes, Cracker, Peanut butter, Chocolate covered disks, Beverage base, FRH, Dining kit**

WORNICK:

MENU 1

Spaghetti, Osmotic fruit (raisins or cranberries), Peanuts (dry roasted, salted), Chocolate covered disks*, Beverage base, FRH, Dining Pkt B

MENU 2

Chicken cavatelli, Mango-peach apple sauce, Nut raisin mix, Chocolate covered disks*, Beverage base, FRH, Dining Pkt B

MENU 3

Pork rib, Osmotic fruit (raisins or cranberries), Peanuts (dry roasted, salted), Cracker pkt, Chocolate covered disks*, Beverage base, FRH, Dining Pkt A

MENU 4

Beef stew, Mango-peach applesauce, Potato sticks, Cookie pkt (MRE™ style**), Toffee roll (1 ea), Beverage base, FRH, Dining Pkt A

MENU 5

Chili macaroni, Osmotic fruit (raisins or cranberries), Cracker pkt, Cookie pkt (MRE™ style**), Toffee roll (1 ea), Beverage base, FRH, Dining Pkt A

PRODUCT NOTES:

AMERIQUAL:

- *MRE™ fruit will be one of the following: mixed fruit, pears, or pineapple
- **Dining kit includes seasoning packet, spoon, chewing gum, and a towelette

SOPACKO:

- *One of either applesauce (fortified or raspberry), spiced apples, mixed fruit or pineapple
- **Dining kit includes napkin, spoon, coffee, sugar, black pepper, salt, creamer and a moist towelette

WORNICK:

- **Dining Packet A:** spoon, salt, pepper, creamer, coffee, sugar, towelette, napkin
- **Dining Packet B:** spoon, salt, pepper, sugar, towelette, napkin
- *A variety of at least one per case (plain, peanut butter, peanuts)
- **A variety of at least two per case (chocolate chip, toffee chip, creamsicle, fig bar)
- ***A variety of at least one per case (vanilla, chocolate, strawberry)